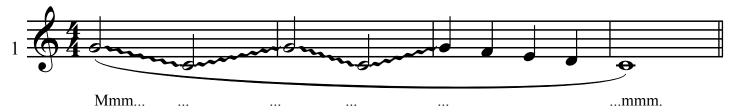
## Morning Warmups

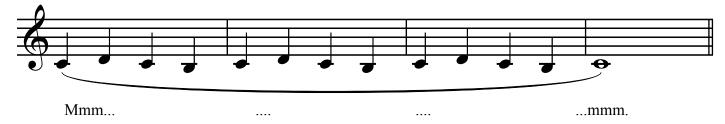
Lips are closed, but teeth slightly open. All on one breath, slide gently down-up-down-up, then down by steps. Repeat a half step higher, 5 or 6 times.



Separate the first two notes, then connect the following notes smoothly. Repeat a half step higher...



Smooth and connected. Repeat a half step higher. Repeat 5 or 6 times or more.



Slowly, smooth and connected, but do not slide. Aim and land right on the notes. Repeat...

