Animal Sound Warmups

The Panting Dog:
Quick, hard panting as if you are out of breath. The abdomen should move in and out. Try hanging out the tongue like a dog does! The rhythm: count (in your head) to seven and pause.

Huh, huh, huh, huh, huh, huh, Huh, huh, huh, huh, huh, huh, huh.

The Whimpering Puppy:
Choose a medium pitch that suits your voice. Each note slides downward, like a whimper. Long slow slide on the last note. Repeat on same pitch. Don't repeat too much or the throat may tighten.

Hmm, hmm, hmm, Hmm, hmm, hmm, Hmm, hmm, hmm, hmm, Hmmmmm.

The Cat's Meow
Start on an easy pitch, dip down a little (a 4th or so), and come back almost to the original pitch. Move higher and repeat. Try to sound like a real cat; this will bring extra resonance into the "mask".

MEE-ee-OW. MEE-ee-OW. MEE-ee-OW. MEE-ee-OW.

The Mosquito
With closed or open mouth, focus sound in the nose and make the thin, whiny sound of a mosquito approaching and moving away over and over. Choose an easy note, not too high or low.

HnnnnnnNNNNNNNnnnnnnnnnnNNNNNNNNnnnnnnnnnnnnNNNNNNNNnnnnnnnn

The Hooting Gorilla
With a gently shaking diaphragm movement, make deep ape-like hoots in the back of the throat. Choose a low but comfortable pitch. Repeat, but don't necessarily change pitch.

Hoo - hoo - hoo, Hoo - hoo - hoo, Hoo - hoo - hoo - hoo.

This vocal warmup sheet made available to you by Music-for-Music-Teachers.com